



# Pulse

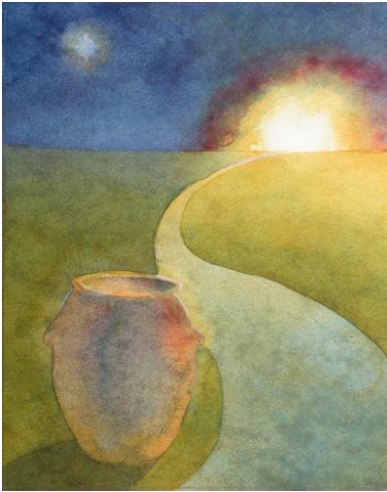
## JANUARY 2012

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Winston-Salem, NC 27103

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*Parkway United Church of Christ is an Open and Affirming congregation within the United Church of Christ. We believe that all people are created in God's image and thus are blessed and loved equally. In this spirit, we welcome all people, including those of every race, spiritual tradition, sexual orientation, gender identity, and gender expression into the full life and ministry of the church.*

### SUNDAYS IN JANUARY



**January 8:** Epiphany Celebration - We will focus on images of light as we read Isaiah 60:1-6. Following worship we will gather for a soup lunch offered by our youth and an opportunity to make an Epiphany card to share with someone in your life who points to the light.

**January 15:** Silent Sunday (a time of meditation instead of a sermon), the celebration of Holy Communion, and a time to receive anointing with oil during a closing healing service.

**January 22:** We explore the call to discipleship as we read the story of the disciples' call to follow Jesus (Mark 1:14-20). We will engage in a ritual of leaving things behind during worship. Following worship, we will have opportunity to talk about our worship experience that Sunday.

**January 29:** We celebrate communion and focus on the story of Jesus healing in the synagogue from Mark 1:21-28. We will share in a potluck following worship.

### THE SEASON AFTER EPIPHANY

Epiphany is a season that invites us to pause and be attentive to the unfolding of things that were formerly hidden. We awaken into a new and deeper awareness. This season includes the stories of the baptism of Jesus, the call to the disciples, and some of the early encounters with Jesus of Nazareth. This year, Year B in the three-year lectionary cycle, we focus on the stories of the first chapter of the Gospel of Mark. In a very short span, Jesus calls the disciples, heals a man of an unclean spirit in the synagogue, heals Simon's mother-in-law, begins his teaching journey, and heals a leper. This contour of healing and teaching will shape our exploration in January and early February.

### TRAINING ABOUT TRANSITION CONGREGATIONS

A full-day training entitled "Transforming Our Communities to Meet the Future" will be held for UCC congregations on Saturday, January 21, 8:30 a.m. – 4:30 p.m. at United Church of Chapel Hill. This training will help us find ways to respond to the realities of peak oil, climate change, and new energy needs by planning for a just and abundant future in regard to local food, transportation, communication, and community resilience. Tina Clarke, trainer for Transition Town and Jim Deming, UCC Minister for Environmental Justice, will be the trainers. Let us know if you would like to be a part of the Parkway group attending this workshop.

## WELCOME GROUP AT PARKWAY



The Welcome Group continues to follow up with visitors to Parkway, seeking to get to know them and inviting them to participate. This group will have a visioning meeting on **Saturday, January 14, 9:30 a.m.** We are eager to have interested new participants who can help us expand our welcome efforts at Parkway UCC. Talk with Craig for further information.

## EXPLORING A TIME FOR MEDITATION AND PRAYER

You are invited to a gathering on **Thursday, January 26, 6:00 p.m.** to talk about the possibility of a regular opportunity on a weeknight for silence, meditation, lectio divina, centering prayer. We will share tea, fruit, and imagining.

## RESPONDING OUT OF WORSHIP TIME

Sometimes we have been stirred by the choir anthem and want to tell someone. Sometimes a particular prayer has guided us into a new direction for the week. Sometimes a take on the scripture lesson has us brimming with questions. Sometimes someone's prayer concern has really touched us in a way that we are ready to share. With that in mind, Craig invites those who are interested to come and sit and share on **Sunday, January 22, 12:15 p.m.** in the fellowship hall. Grab a cup of coffee and a quick snack and join a circle to talk about what worship is sending you forth with spiritually, practically, intellectually, emotionally for the week ahead. We will conclude no later than 1:00 p.m.

## VOLUNTEERS NEEDED

- We need a few volunteers to help take down the crèche on Saturday, January 7 at 9:00 a.m. We will also be taking down the Christmas tree.
- The Nurture Committee is seeking volunteers to record concerns each Sunday. The concerns are sent to the church secretary for the announcements that are sent out on Thursdays. Notes or cards are sent to church members who are sick, have deaths in their family or who need encouragement. Please contact Ann McLain if you could help with this.

## TRANSPORTATION VOLUNTEERS NEEDED

Jon Sundell had shoulder surgery on December 20. Other than GI upset and some shoulder spasms he is doing well. He is returning to work and will need assistance for at least the rest of this month. The Sundells need some help with transportation in the mornings: Pick up Jon and Ana Marie at home at 6:50 a.m. Drop Ana Marie off at the Tech Center on MLK on the way to Hill Middle School on Sprague Street. If you have a little time after dropping Jon off at work, Jon says he would appreciate help shelving some books - something that's not easy for him to do now.

You can sign up to help on [www.CareCalendar.com](http://www.CareCalendar.com) (a very user-friendly site.) You will find Jon's address and contact info there. The Sundells have friends and neighbors who will be helping - we're hoping our church will be able to assist with rides a couple of mornings a week during January. Contact [Deborah Woolard](mailto:Deborah.Woolard@parkwayucc.org), 922-0530 to get the log in information for the Care Calendar.

## MISSIONS UPDATE

On-going Gifts of Year: To better coordinate our collective donations bring your donations on the same Sunday as communion. You can of course bring them any Sunday, but we'd like to begin to streamline and increase our donations to these organizations. What better time to remember to bring your contributions than each time we share communion. Donation baskets are located in the narthex.

- Samaritan Ministries – Spaghetti Sauce & Pasta
- The Shepherd Center – Books & Knitting materials

## MISSIONS COMMITTEE MEETING: Wednesday, January 18 at 6:00 p.m., Office

Current members include Vicki Schwartz, Chair; Diahann Tabor, Nicole Betzner, Debra Woolard, Ana Tampanna (ONA), Nancy Vargas (CHANGE), Dan Holt.

\*\*We need additional members to assist Missions with special onetime projects such as Habitat for Humanity, Green Group, Adopt a Family, Rummage Sale, 2<sup>nd</sup> Annual Hunger Concert/Parkway's Got Talent, the 5 special offerings, and other special events that Missions coordinates throughout the year. Please prayerfully consider joining us on Wednesday, January 18. *If you would like to become a member of the committee, but cannot attend this first meeting, please contact [Vicki Schwartz](#).*

## ADOPT A FAMILY

Thanks to Sean Nelligan for suggesting our family and for delivering the gifts to them on Sunday, December 18. His helper elves this year were Gracie & Emma Nicklas-Morris. This project could not happen without the generous gifts of you, the members. Sean reported that Tanya & her family were overwhelmed by kindness to them.

## NEW YEAR Goals for Going Green in 2012

Some New Year tips for lightening our footprint on our precious planet...

- **Eat low** on the food chain by focusing on organic, locally-grown plant-based foods
- Purchase a more **efficient automobile** and take **Public Transportation** when possible
- Get an **energy audit**, add insulation, new windows and replace incandescent bulbs with compact fluorescents
- **Wash clothes in cold water**
- Purchase **efficient appliances**

## JANUARY BIRTHDAYS

|                    |            |
|--------------------|------------|
| Will Huesman       | January 2  |
| Sophie Severs      | January 7  |
| Pat Speaks         | January 7  |
| Pat Van Cleve      | January 8  |
| Michaela Phelps    | January 10 |
| Ken Vanhoy         | January 11 |
| Allegra Wright     | January 13 |
| Katie Phelps       | January 16 |
| Laura Weigand      | January 16 |
| Haley Scruggs      | January 18 |
| Mary Liz Mann      | January 20 |
| Robert Severs      | January 20 |
| Jo DeLosSantos     | January 21 |
| Samantha Holt      | January 22 |
| Tim Binkley        | January 23 |
| John Brais         | January 23 |
| Wilda Dockery      | January 23 |
| Gabriel Mewhinney  | January 23 |
| Phillip Dixon      | January 24 |
| Nancy East         | January 26 |
| Connie Mann        | January 29 |
| Mary Ann Maddrey   | January 30 |
| Grace Mauney       | January 30 |
| Austin DeLosSantos | January 31 |



~ January 2012 ~

| Sun  | Mon       | Tue   | Wed  | Thu   | Fri       | Sat   |
|--|-----------|---|--|---|-----------|---|
| <b>1</b><br>Worship, 11:00 a.m.  | <b>2</b>  | <b>3</b><br>Nurture, 7:00 p.m.  | <b>4</b><br>Choir Rehearsal, 7:00 p.m.                               | <b>5</b><br>Worship, 6:30 p.m.  | <b>6</b>  | <b>7</b><br>Take down the crèche and Christmas tree at 9:00 a.m.                                      |
| <b>8</b><br>Installation of Church Officers during Worship. Epiphany Celebration with soup/bread following worship | <b>9</b>  | <b>10</b><br>Personnel, 6:00 p.m.   | <b>11</b><br>Church Council, 7:00 p.m.<br>Choir Rehearsal, 7:00 p.m. | <b>12</b>   | <b>13</b> | <b>14</b><br>Welcome Team, 9:30 a.m.<br>Environmental Workshop, 12-4<br>Laura Frazier Fellowship Hall |
| <b>15</b><br>Silent Sunday with Communion and Healing Service  | <b>16</b> | <b>17</b><br>Open Relational Meeting<br>"debriefing" with light supper, 6:00 p.m. | <b>18</b><br>Missions, 6:00 p.m.<br>Choir Rehearsal, 7:00 p.m.       | <b>19</b><br>Pastoral Relations, 6:15 p.m.  | <b>20</b> | <b>21</b><br>Transition Congregations Training in Chapel Hill   |
| <b>22</b><br>Worship, 11:00 a.m.<br><br>Responding Out of Worship, 12:15   | <b>23</b> | <b>24</b>   | <b>25</b><br>Choir Rehearsal, 7:00 p.m.                              | <b>26</b><br>Gathering to explore regular meditation/prayer on weeknight, 6:00 p.m. | <b>27</b> | <b>28</b>   |
| <b>29</b><br>Communion in Worship<br>Potluck after worship   | <b>30</b> | <b>31</b>   | <b>Notes:</b><br>Quilters meet every Thursday – 10:00 a.m.           |   |           |   |